

Carers Strategy - Update

15 November 2021

Background

There are 254,900 people living in Haringey, approx. 8-11% are unpaid carers (2011 Census). Carers First hold the borough's carers register and has 1,526 carers on the register. During the pandemic, the number of carers on GP registers increased to circa 6,000 owing to the availability of the Covid19 vaccine.

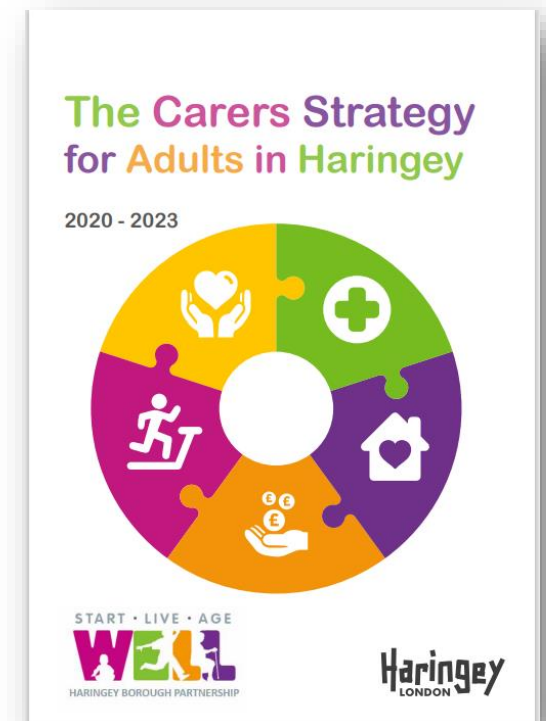
Carers supported in Haringey (ASCOF 2019-20)

	All	All	
1C(2B): The proportion of carers who receive direct payments	Number of carers receiving direct payments or part-direct payments in the year to 31 March	Number of carers receiving carer-specific services in the year to 31 March	(%)
Hackney	65	65	100.0
Haringey	406	406	100.0
Lambeth	452	452	100.0
Southwark	1	20	5.0
Waltham Forest	524	524	100.0
ENGLAND	83,317	108,087	77.1
London	10,566	13,983	75.6

Carers Strategy 2020-2023

The Carers Strategy (Phase 1) was part of the Adults Transformation Programme in 2020. The actual Strategy was co-produced with Carers, partners and staff and launched in February 2021 and the aim was:

1. Identify better ways of identifying carers in the borough
2. Identify better ways of supporting carers in the borough
3. Create and deliver a Carers Action Plan (Phase 2) to ensure items 1 & 2 are achieved.



Achievements so far in 2021/22

- Carers Action Plan developed
- Working group set up to deliver Carers Action Plan
 - Group formed of carers and officers
 - Group co-chaired by a carer
- Independent Equalities Review completed

Equalities Review of support for Carers in Haringey



Carers First were commissioned by the Council to complete this review to look at the needs, equality and equity of support for carers, helping to underpin the implementation of the Carers Strategy, ensuring the needs of carers are met. The findings are based on interviews and surveys with carers and professionals from March to May 2021, including 14 carers registered with Carers First, a survey to 650 Carers of which 34% replied (108 Carers) and responses from 13 organisations (38 were invited to participate).

Key recommendations are:

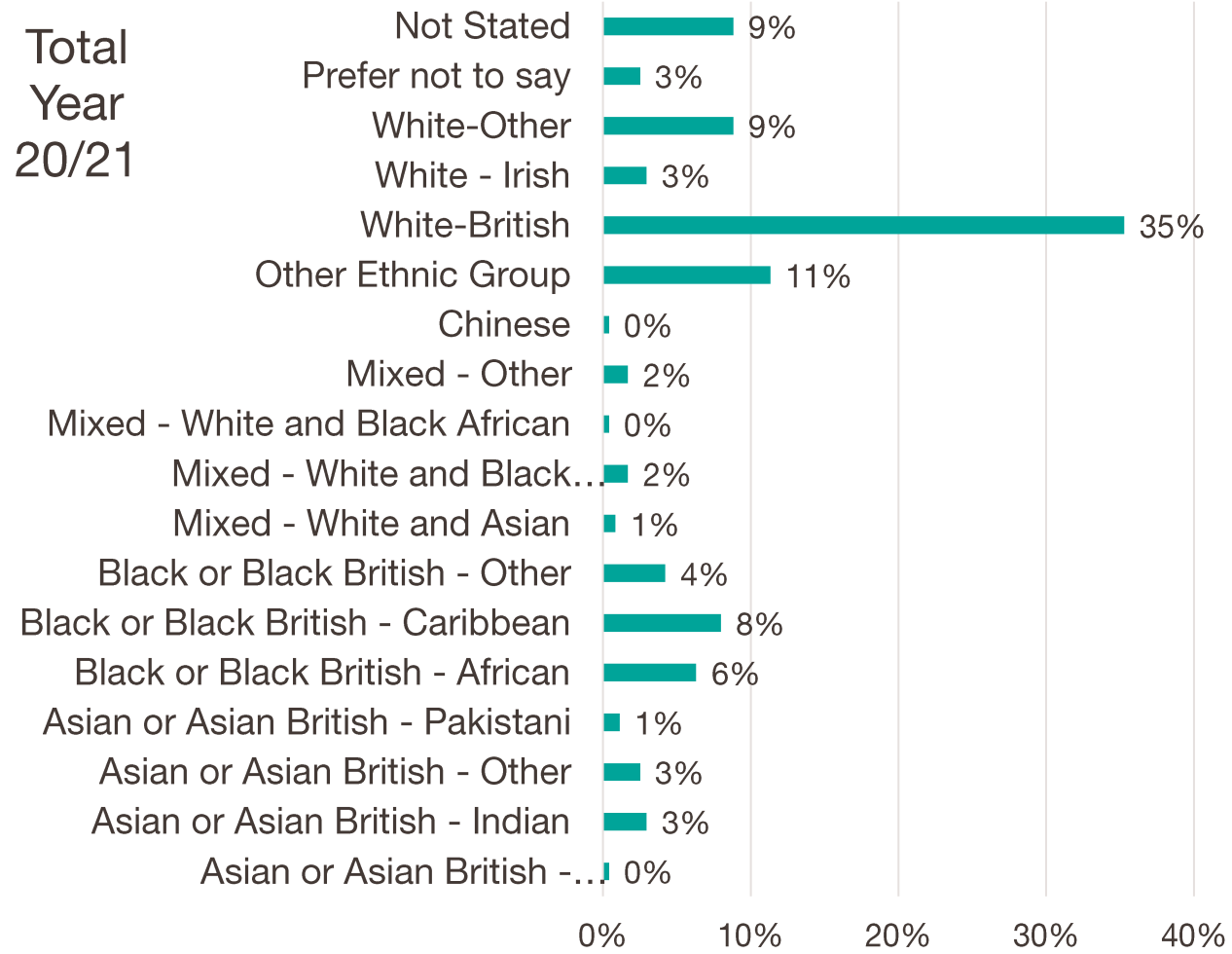
Your caring role: emphasising the need to recognise, identify and support carers in their role

- Health and wellbeing: focusing on involving carers as experts, supporting their physical and mental health needs, and helping them adjust to changes in their caring role
- Housing and managing at home: ensuring carers have a safe, appropriate and habitable housing, and are aware of the range of housing adaptations and assistive technologies on offer
- Finances, benefits & debt: supporting carers to maximise income, minimise expenditure, manage debt, and access good quality, independent legal advice
- Having a life of your own: developing opportunities to take breaks from caring, maintaining employment, and keeping carers' relationships at the forefront of our thinking

What carers said

- ‘When you’re caring for someone it’s all that you can do to care for the person. Trying to figure out complex support systems is challenging’
- ‘They do not always understand the cultural and religious differences to tailor the care and support needed to reflect this’
- ‘I don’t want to lose control of my mums’ decisions and I guess I am suspicious of local authorities’
- ‘Fear the removal of a loved one in favour of a home.’
- ‘The forms which need to be completed to get help are long and stressful’
- ‘Carers First has been the best thing for advice and support as well as assistance from social services in Haringey Council’
- ‘very good hospital services, particularly, after diagnosis was made’
- ‘I received support after battling for it for a very long time’

Haringey Carers Supported by Carers First

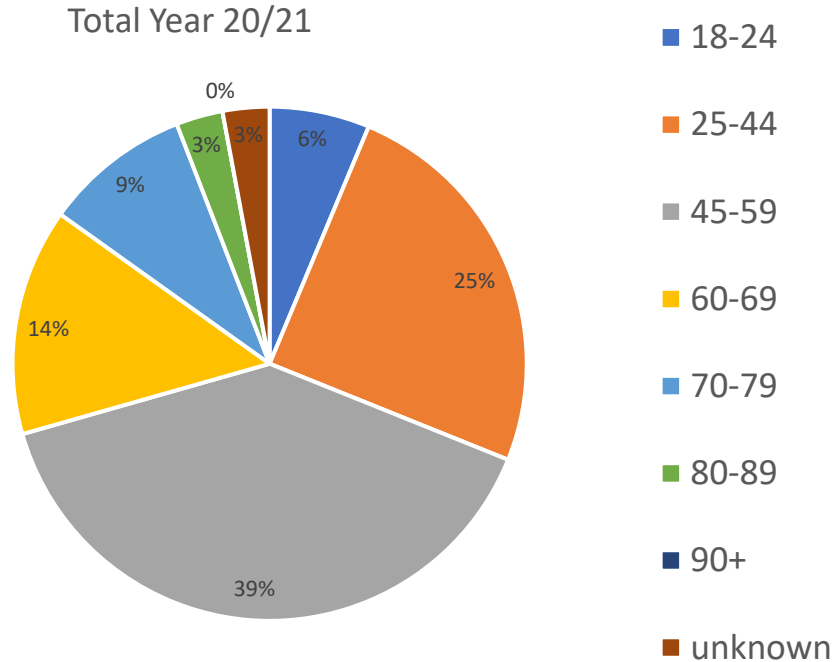


	Total Year 20/21	Quarter 1 2021
Breakdown of New Referrals		
Number of referrals Received	238	60

Gender	Total Year 20/21	Total Year 20/21	Q1 2021	Q1 2021
Male	73	31%	15	25%
Female	159	67%	44	73%
Other	1	0%	1	2%
No Gender Listed	4	2%	0	0%

Sexual orientation of carers	Total Year 20/21	Total Year 20/21
Bisexual	0	0%
Gay	0	0%
Heterosexual	75	32%
Lesbian	1	0%
No Sexual Orientation Listed	150	63%
Not Stated (Refused)	12	5%
Other	0	0%

Haringey Carers Supported by Carers First



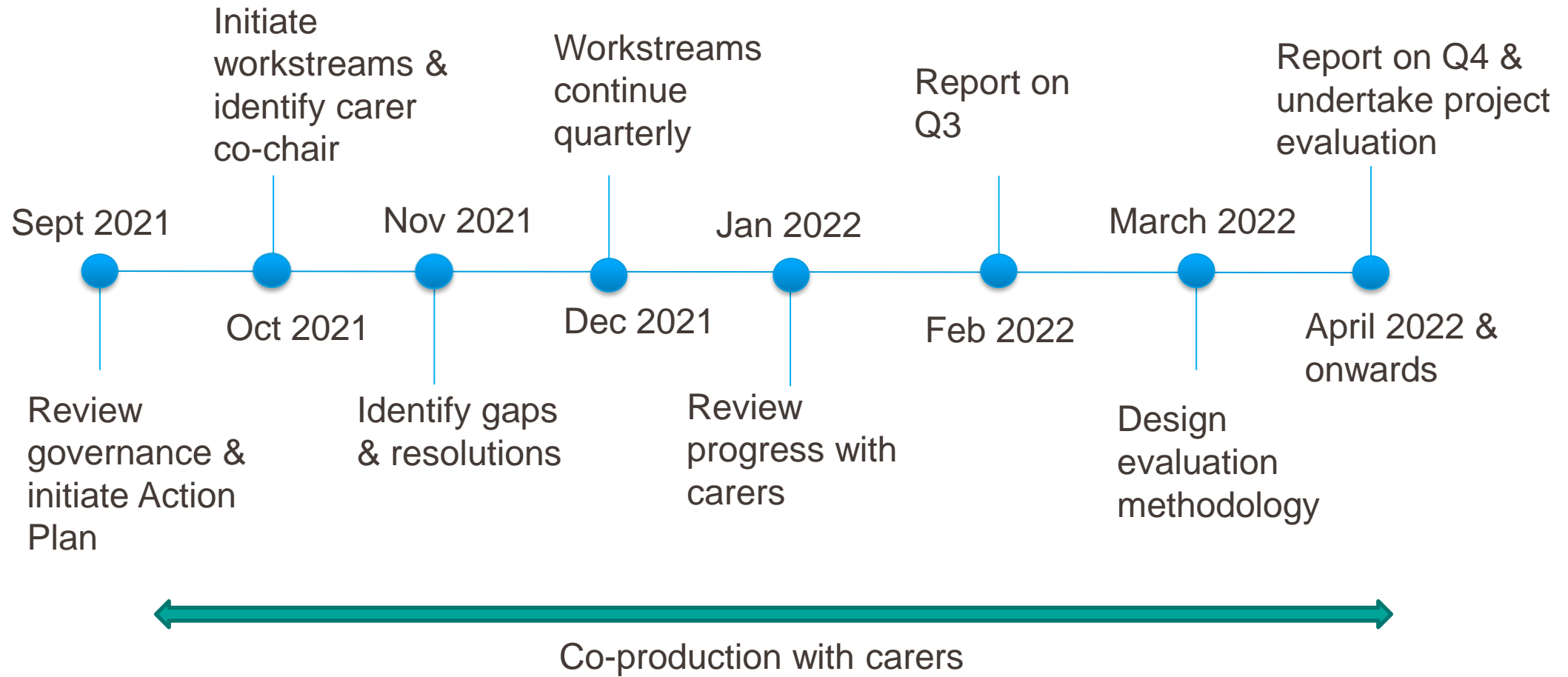
- 67% carers provide 50+ hours of support
- 25% carers are FT carers
- 26% carers have jobs too (16% FT)
- 21% carers are looking after someone with a dementia
- 7% carers supporting an elderly or frail person
- 9% carers support someone with a MH illness

April - June 21(Q1)	Group	1:1 Wellbeing Support	Information/Advice	Signposting/Referrals	Unique Carers
Locality of carers supported by Carers First					
Haringey	23	160	245	72	245
Out of borough	2	11	18	8	18
Total	25	171	263	80	263

Phase 2: Carers Action Plan

- This phase of the project is implementing the Carers Action Plan
- 5 workstreams have been set up to deliver the circa 70 actions. These include the recommendations from the Carers Equalities Report
- The Carers Action Plan is a bold endeavour which is cross-cutting with many council departments and other organisations in the borough, and the 5 workstreams are:
 - Having a life of your own
 - Looking after your health and wellbeing
 - Managing your finances, benefits and debt
 - Your caring role
 - Your housing and managing at home
- The Carers Action Plan is being driven by a working group formed of carers and officers and is co-chaired by a young adult carer
- The working group reports to the People Priority Adults Transformation Board and the Age Well Board within Haringey Borough Partnership
- Paramount to delivery is continuing to work meaningfully with carers

Roadmap 2021/22



Key considerations

Key Risks

If Covid-19 increases there is a risk that the number of carers and cared-for will go up, meaning increased pressure in Adult Social Care.

Key Issues

Work on the Carers Action Plan implementation has been delayed due to Covid-19.

Key Dependencies

The Carers First contract is due to end on 31 March 2022. Commissioning are currently considering options to re-commission this, but if this process results in a new provider there will be a period of induction and mobilisation.

Next steps

